



MSOLA Journey towards Integral Ecology

Prayer N°23
April 2024



SITUATION

Living integral ecology as the capacity to love

“Loving creation means being in relationship with it... Every human relationship is supposed to be lived from... the life-giving perspective of love. Integral ecology, according to Pope Francis, is above all the proper regulation of our fundamental relationships in the world.”

(Fabien Revol, Revue Lumen Vitae 2018/4 : Volume LXXIII)



REFLECTION

Integral ecology invites human beings to place love at the centre of our four fundamental relationships: with God, with myself, with my neighbour and with the earth. We can take a little time to reflect on each of the five following statements and see how they relate to our own lives and the life of the world around us. What leads me to agree or to disagree with what is said? How do I see this in my own life?

- The way in which I relate to God, the way in which I love God, has an impact on my relationship with others, with myself and with the earth.
- The way I relate to myself, the way I love myself, has an impact on my relationship with God, with others and with the earth.
- The way I relate to others, the way I love my neighbour, especially the poorest, has an impact on my relationship with God, myself and the earth.
- The way in which I relate to the earth, the way in which I love the earth, has an impact on my relationship with God, with others and with myself.
- -All the crises facing humanity, including the ecological crisis, can be seen as a result of a deformation of how we live these relationships.

Integral ecology is not a given or a protocol to be applied, but a project to be pursued: that of seeking the right and proper balance of these four fundamental relationships in our being in the world. This has a personal and a community, and even a cultural, dimension.

(Fabien Revol, Revue Lumen Vitae 2018/4 Volume LXXIII)



THE WORD OF GOD

John 4:7- 8

“My dear people, let us love one another, since love comes from God and everyone who loves is born of God and knows God. Anyone who does not love has not known God, for God is love. God's love for us was revealed when God sent his only Son into the world, so that we might have life through him...”



ACTION

We are created in the image of God and as human beings our ecological relationships commit us to living in creation the love that is shared between the three divine persons in the Trinity.

How does our lifestyle give priority to caring for our planet?



PRAYER

Lord, give us the grace to discover the holiness of your creation, to venerate it as a divine work, to see it as a reflection of your glory. May people inspired in your way, like St. Francis and St. Hildegard, rise up today. May the joy of your Resurrection illuminate the whole earth. Amen.